THE OUTDOOR MISSION



Our bodies use _____ from the sun to help make _____, which keeps our bones, eyes, and body strong. But too much sun can hurt our _____, so we need to wear our _____ to stay safe. The bright light that bounces off shiny things like water or snow is called _____. Our special eye tools (sunglasses, hats, and water) help protect our eyes from _____ and _____. When we wear our gear, we become brave _____ keeping our eyes safe and strong!

Write the words from the word bank in the correct place

WORD BANK

Dust	Sunglasses	Sunlight	Vitamin D
Glare	Vision Defenders	UV rays	Eyes

VISION FOR BALTIMORE · JOHNS HOPKINS UNIVERSITY & MEDICINE · Vision To Learn Focus on the Future · BALTIMORE CITY PUBLIC SCHOOLS · BALTIMORE CITY HEALTH DEPARTMENT · WARBY PARKER